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CRASH ADAMS
THE WORLD IS
THEIR LIVING
ROOM

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**NANDO
SIRIANNI**
THE BODY AS
A TEMPLE

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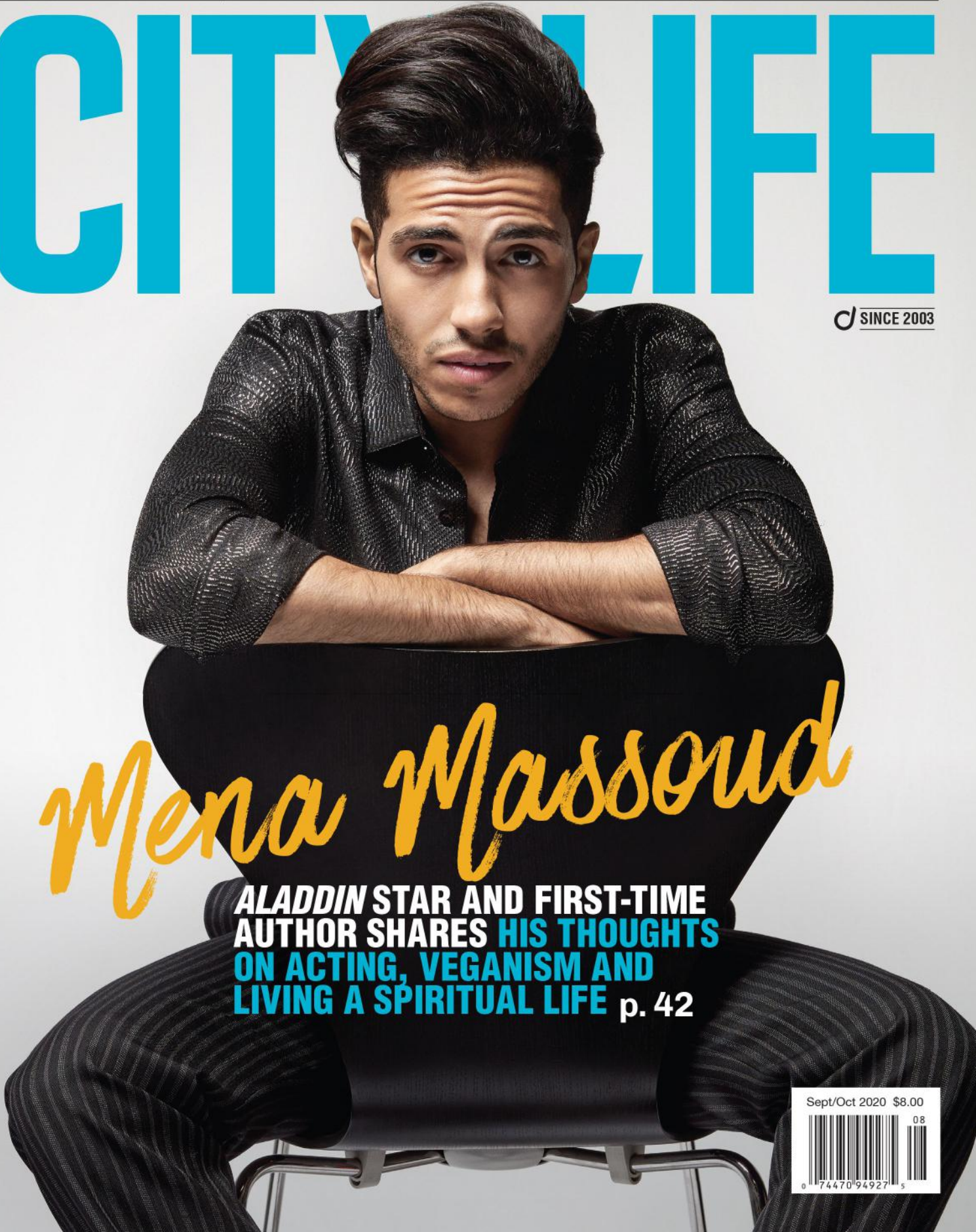
**FOOD CHAT WITH
DAVID ROCCO
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**THE SYSTEMIC
RACISM FACING
MIGRANT FARM
WORKERS**

CITY LIFE

 SINCE 2003



Mena Massoud

**ALADDIN STAR AND FIRST-TIME
AUTHOR SHARES HIS THOUGHTS
ON ACTING, VEGANISM AND
LIVING A SPIRITUAL LIFE p. 42**

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EDITOR'S PICKS

Now more than ever, we all need to be distracted by shiny objects, and *City Life* offers some noteworthy suggestions WRITTEN BY RICK MULLER



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1. Chic and sleek never go out of style, and Christian Boutique features Sylvia Bianco's latest design creations. www.christianboutique.ca
2. Lora The Candy Girl's distinctively fun and creative treats are sure to put a smile on anyone's taste buds. [@lorathecandygirl](https://www.instagram.com/lorathecandygirl)
3. Jewelry never looked better, and an eye for fashion never more distinctive than with a Pamela Love Open Eye Ring. www.anthropologie.com
4. *Love in Colour* is a voyage of discovery featuring mythical tales from around the world, from the imagination of Bolu Babalola. [@foylesforbooks](https://www.instagram.com/foylesforbooks)
5. Crisp, biting, super cool and refreshing, Kim Crawford Rosé is the ideal libation to toast away the days of summer. www.lcbo.com
6. For the finest in on-ear headphones, tuck yourself away inside a pair of Beats Solo Pro Wireless Noise Cancelling headphones. www.chapters.indigo.ca
7. Improve your indoor space over the coming cooler months with ideas from the expert designers and craftspeople at Unique Store Fixtures. www.uniquestorefixtures.com